



CONGESTIVE HEART FAILURE EDUCATION PROGRAM

Our nurses have been trained in the signs and symptoms of congestive heart failure disease process and exacerbations. They will teach your patient on the disease process, and when to contact us in order to provide the best possible in-home care possible.

Lesson 1 – Overview (Managing Your Heart Failure)

Lesson 2 – Warning Signs and Symptoms

Lesson 3 – Medication Use

Lesson 4 – What you should eat?/Know your Sodium Intake

Lesson 5 - Preventing Heart Failure and Symptoms

Lesson 6 – Benefits of Exercise

Along with our CHF education program, the patient may also be enrolled in our Telehealth program.

How Our Telehealth Program Works:

- Patients use the interactive system 2 minutes each day to monitor their vital signs and symptoms.
- Daily health information is then securely transmitted through a cellular network or a standard telephone line to the telemonitoring nurse to be analyzed.
- The Physician will then be contacted if the patient requires a change in his/her medication or treatment plan. If no change is required the patient can go about their daily living.

TO MAKE A REFERRAL PLEASE CALL US 800.910.5089

- Reports can be generated to provide the daily health data to you and help improve your patient care.

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